



## Know Your Neighbourhood Crossroads

### A Stroll along the Trans Pennine Trail and visit to Rother Valley

Crossroads is an organisation that provides care and support for our vulnerable people living in Barnsley and we wanted to give them a chance to see another part of the Trail that many of them would never get the opportunity to see.

With the help of this funding we were able to secure funding to take a group of vulnerable people to Rother Valley to enjoy a walk on the Trail, visit the part and enjoy a cup of tea at the café. This was a great location because the Trail runs right along it but it also has accessible toilets and a coach park.

Our group varied in ages from 30 to 80 but all with varying levels of mobility. It was a great way to get out and see the Trail but also to give the group a chance to socialise, to chat to each other and get to know people, with some making great friends that they will keep in touch with.

It was wonderful to hear a father with Dementia saying how he'd taken his daughter here years ago when she was a child. You can't buy memories like that, these are precious and it really shows how important it is to do all we can to try and make these connections.

Well done to Rotherham too as one of our members had visited many years ago and commented how much better the access was since their last visit.

Others said how wonderful it was to have the chance to see what was over in Rotherham and that they hoped they could visit again.

Everyone had a really wonderful day, including staff too.

This has been a great funding opportunity that has meant so much to our organisation.

**Crossroads, Barnsley**



### Crossroads - Barnsley

Aim of the Organisation:

Crossroads Barnsley provide care and support for old and vulnerable people and their carers in Barnsley. The organisation is a registered charity that was established in 1993 and now has over 25 years of experience in helping carers to have a break whilst supporting 1-1 care in the home, regardless of what age group, type of illness or disability they have. The aim of their trained staff is to reduce the stress faced by carers on a regular or occasional basis.

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