

Trail Trips - York to Selby

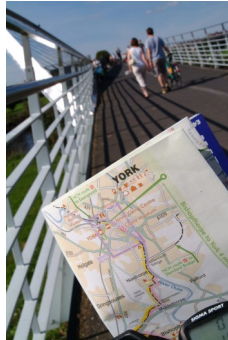
York to Selby - 15 miles (24km) of which 11 miles are traffic free

Suitable for walkers and cyclists - The route is suitable for families who can shorten the route accordingly

TPT Map 3: Yorkshire - North Sea



Signage in the City of York



Millennium Bridge, York

The York and Selby Railway Path was the second disused railway track bought and converted into a traffic-free path for pedestrians and cyclists by Sustrans (the National Cycle Network charity), and in 2007 celebrated the 20th anniversary of its completion. There is now a Park and Ride at Askham Bar that links directly on to the cycle path.

The ride can either begin at York Minster or York station depending on how you arrive in York. From the front of the Minster head straight across the first crossroads towards the River Ouse and after crossing it on Lendal Bridge turn left and immediately left again through a small gap in the footway back towards the river (the Maltings pub will be on your right hand side and the city's new Hub-Station, a cycle hub with secure parking facilities, shower and changing facilities will be in front of you on the riverside in a rather imposing old electricity sub-station attached to the side of the bridge).

If you are travelling by train to York station, use the new ramp to exit the station which can be found at the far end of the short-stay car park (just off Platform 4) and turn left at the foot of it towards the riverside where you will join NCN65. Once at the riverside turn right and under the



The Solar System



Artwork along Selby Canal



York Minster

TPT route maps can be obtained from the Trans Pennine Trail office if required:

**Trans Pennine Trail, c/o Economy Culture and Housing,
PO Box 597, Barnsley. S70 9EW Tel. 01226 772574
info@transpenninetrail.org.uk www.transpenninetrail.org.uk**



Selby Abbey



Solar System



Fisher of Dreams

road bridge where you will then pass the Hub-Station on your left. If you want to do some sightseeing you could leave your bike here and walk across the bridge where you will be within easy reach of several spectacular buildings packed with history and character including York Minster, have a wander along the city's Roman walls or visit family attractions like the JORVIK Viking Centre, Yorkshire Museum or Clifford's Tower to name but a few.

From the Hub-station keep the river on your left hand side and follow the road past the Park Inn hotel, across the set of traffic lights at Micklegate and onto Skeldergate. After about 1/4 mile the road forks and you need to bear left under Skeldergate road bridge, where you will once again be directly alongside the river. Continue along this road until you reach Rowntree Park, and the start of eight miles of traffic-free route.

Rowntree Park was created by Joseph Rowntree, founder of the Rowntree's cocoa and confectionery brand and Quaker philanthropist, as a memorial to Rowntree's staff killed in the First World War. In the 1940's the Rowntree family also donated some rather ornate wrought-iron gates as a memorial to their staff killed in the 2nd World War. The park underwent a refurbishment recently and now boasts a great playground for youngsters and a tea room beside its very own lake. After passing the Park you reach York's magnificent new Millennium Bridge. Ride beneath the bridge keeping to the river bank for a further 1/4 mile and follow the path to the right up a short incline which will bring you out opposite the former Terry's chocolate factory which closed in 2005. Head left along the shared use pavement for 100 yards and then cross over and through a barrier onto the Racecourse. Follow the path around to the left at the white fence and head south keeping the racecourse on you right.

When you reach the T junction at the end of the path turn right across the racetrack and carry on until you reach the first path on the left which will take you under the road bridge and for a very short stretch alongside the A64. At the end of this path you will join the former York to Selby railway line and be greeted by the Sun, this marks the start of The Solar System, a scale model of all the planets that ends at Riccall with Pluto. For more information on the Solar System model see the link—<http://www.york.ac.uk/solar/> Follow the railway path under the A64 bridge past the BMX bumps and, after a short diversion through a residential street in Bishopthorpe you will rejoin the completely off-road former rail track. Brunswick Organic Nursery at Bishopthorpe has a shop and weekend café open to everyone. After about half a mile you will see the Fisher of Dreams sculpture on the old swing bridge over the River Ouse. You could detour left just after Naburn Bridge but before the café, which is located in the old station building, along a mile and a quarter of off road path to the Designer Outlet Village for some serious shopping or to grab a bite to eat!

The off-road section ends at the Pluto viewpoint, ten miles from York station, but the rest of the route is on quiet lanes through the villages of Riccall and Barby. The last mile runs along the newly raised embankment of the Ouse that brings you to the toll bridge at Selby. From here you may wish to dismount and push your bike the last 100 yards to the Abbey which, though more modest than York's Minster, is well worth a visit.



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